

Curriculum Vitae
Hillary S. Schaefer

PERSONAL INFORMATION

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SUMMARY AND RESEARCH INTERESTS

Research scientist and licensed clinical psychologist, with topic expertise in social-emotional functioning, bias, gender issues, personality, group dynamics, mental health, performance, exercise, and physiology. My publication record spans nearly two decades and includes a large variety of methods, statistical techniques, and theoretical backgrounds in psychology, education, and neuroscience. I also work as a clinician in private tele-practice with adult clients, and I have background working with children and adolescents.

PROFESSIONAL EXPERIENCE

Consultant	Lynch Research Associates	2021-present
Staff Psychologist and Counselor	Included Health and BetterHelp	2019-present
Research Assistant Professor	Institute for Applied Research in Youth Development, Tufts University	2016-2021
Research Assistant Professor, Clinic Director	University of Virginia School of Education, Children's Learning Clinic	2014-2016
Postdoctoral Fellow (clinical)	University of Virginia School of Education, Sheila Johnson Center	2013-2014
Psychology Intern	Colorado Mental Health Institute at Fort Logan	2012-2013
Graduate Student	University of Virginia Department of Psychology, Implicit Social Cognition Lab and Affective Neuroscience	2006-2012
Research Assistant	University of Wisconsin, Waisman Laboratory for Brain Imaging and Behavior	1996-2006

EDUCATION

Ph.D. in Psychology	University of Virginia, <i>August 2013</i> <i>Dissertation Title:</i> Empathy Assessment and the Prediction of Social Behavior: Development and Validation of the Social- Emotions Task (SET) for the Measurement of Empathy and Theory of Mind
B.S. in Psychology	University of Wisconsin-Madison, <i>May 2002</i> Honors in the Major and Honors in the Liberal Arts

GRANT ACTIVITY

- 2021-2022 Subaward PI, R03, Parental behavior, human-animal interaction, and adolescent development
Funded by National Institutes of Child Health and Human Development
Role: Consultant (Principal Investigator: Linda Charmaraman)
Location of Tenure: Wellesley College
- 2016-2021 Duty, Honor, Country: Study of the Development of Leaders of Character at the United States Military Academy (*In collaboration with the United States Military Academy at West Point*)
Funded by the Templeton Religion Trust
Role: Co-Investigator (Principal Investigators: R Lerner and K Callina)
Location of Tenure: Tufts University and USMA
- 2015-2016 Investigating the Optimal Learning Environment and Strengths of Children with ADHD
Funded by UVa Curry School Foundation via Private Sponsor (Gallant Family)
Location of Tenure: University of Virginia
- 2014-2015 Building Capabilities: Positive Youth Development for Children with ADHD
Role: co-Principal Investigator (Originally awarded to M Kofler, transferred to H Schaefer)
Funded by UVa Curry School Foundation via Private Sponsor (Gallant Family)
Location of Tenure: University of Virginia
- Not funded R21, Acute Physical Exercise & ADHD: Impact on Neurocognition, Academics, and Behavior
Submitted to NIH (Exploratory/Developmental research arm) in 2014

HONORS, AWARDS, AND SERVICE

- Associate Editor, Jefferson Journal of Science and Culture – 2011-2012
- Student's Choice Colloquium Speaker - 2010
- Maury Pathfinder Award for Master's Thesis - 2009
- National Science Foundation Graduate Research Fellowship, 2007 - 2010
- University of Virginia's Jefferson Fellowship, 2006 - 2012
- Hilldale Senior Research Fellowship, 2001

SELECTED PUBLICATIONS

Schaefer, H.S., Askew, S., Ryan, D., & Lerner, R.M. (*under review*). Does teacher feedback potentiate a positive feedback loop? The role of race and gender in the interrelations between self-perceptions, teacher feedback, and academic performance.

Schaefer, H.S., Cotting, D. I., Proctor, E. S., Ryan, D., & Lerner, R. M. (2021). The military hypermasculine mystique: Sex, status, and emotional control at the United States Military Academy. *Psychology of Men & Masculinities*, 22(4), 611–626.. doi.org/10.1037/men0000365

Schaefer, H.S., Gist, N., Bigelman, K., & Lerner, R.M. (2021). But how many push-ups can she do? The influence of sexist beliefs on peer ratings in a military setting. *Personality & Individual Differences*. 177, 110805. doi.org/10.1016/j.paid.2021.110805

Schaefer, H.S., Callina, K.S., Powers, J., Kobylski, G., Ryan, D., & Lerner, R.M. (2021) Examining Diversity in Developmental Trajectories of Cadets' Performance and Character at the United States Military Academy. *Journal of Character Education*. 17(1), 59-80.

Schaefer, H. S., Farina, A. G., Cotting, D. I., Proctor, E. S., Cook, C. L., & Lerner, R. M. (2020). The Benefits and Liabilities of Risk-Taking Propensity and Confidence at the U.S. Military Academy. *Armed Forces & Society*. doi.org/10.1177/0095327X20973373

Schaefer, H. S., Gist, N. H., Bigelman, K., Coelho, J. D., Proctor, E. S., & Lerner, R. M. (2020). Tough Teams and Optimistic Individuals: The Intersecting Roles of Group and Individual Attributes in Helping to Predict Physical Performance. *The Journal of Psychology*, 1-25. doi.org/10.1080/00223980.2020.1818670

Schaefer, H.S., Yunker, C.A., Callina, K.S., Burkhard, B., Ryan, D., & Lerner, R.M. (2019). Indexing character in the context of sport participation at the United States Military Academy: The Character in Sport Index. *Journal of College and Character*. 20(4), 287-309. doi.org/10.1080/2194587X.2019.1669464

Callina, K. S., Burkhard, B., **Schaefer, H. S.**, Powers, J., Murray, E. D., Kobylski, G., & Lerner, R. M. (2018). Character in context: Character structure among United States Military Academy cadets. *Journal of Moral Education*, 1-26.

Kofler, M.J., Sarver, D.E., Austin, K.E., **Schaefer, H.S.**, Holland, E., Aduen, P.A., & Lonigan, C.J. (2018). Can working memory training work for ADHD? Development of central executive training and comparison with behavioral parent training. *Journal of consulting and clinical psychology*, 86(12), 964.

Wells, E.L., Kofler, M.J., Soto, E.F., **Schaefer, H.**, & Sarver, D.E. (2018). Assessing working memory in children with ADHD: Minor administration and scoring changes may improve digit span backward's construct validity. *Research in Developmental Disabilities*, 72, 166-178.

Schaefer, H.S., Coan, J.A., Larson, C.L., and Davidson, R.J. (2014) Brain, Body, and Cognition: Neural, physiological and self-report correlates of phobic and normative fear. *Biological Psychology*, 98, 59-69.

Lai, C. K., Marini, M., Lehr, S. A., Cerruti, C., Shin, J. L., Joy-Gaba, J. A., Ho, A. K., Teachman, B. A., Wojcik, S. P., Koleva, S. P., Frazier, R. S., Heiphetz, L., Chen, E., Turner, R. N., Haidt, J., Kesebir, S., Hawkins, C. B., **Schaefer, H. S.**, Rubichi, S., Sartori, G., Dial, C. M., Sriram, N., Banaji, M. R., & Nosek, B. A. (2014). Reducing implicit racial preferences: I. A comparative investigation of 17 interventions. *Journal of Experimental Psychology: General*, 143(4), 1765-1785.

Coan, J.A., Kastle, S., Jackson, A., **Schaefer H.S.**, and Davidson, R.J. (2013) Mutuality and the social regulation of neural threat responding. *Attachment and Human Development*, 15(3), 303-315.

Gloria R., Angelos L., **Schaefer H.S.**, Davis J., Majeskie M., Richmond B., Davidson R.J., and Baker T.B. (2009) An fMRI investigation of the impact of withdrawal on nicotine anticipation. *Psychophysiology*, 46, 681–693.

Brefczynski-Lewis J.A., Lutz A., **Schaefer H. S.**, Levinson D.B., Davidson R.J. (2007) Neural correlates of attentional expertise in long-term meditation practitioners. *PNAS*, 104 (27), 11483-11488.

van Reekum C.M, Urry H.L., Johnstone T., Thurow M.E., Frye C.J., Jackson C.A., **Schaefer H.S.**, Alexander A.L., and Davidson R.J. (2007) Individual Differences in Amygdala and Ventromedial Prefrontal Cortex Activity are Associated with Evaluation Speed and Psychological Well-being. *J. Cogn. Neurosci*, 19, 237-248

Schaefer H.S., Putnam K.M., Benca R.M., and Davidson R.J.. (2006) Event-related fMRI measures of neural activity to positive social stimuli in pre- and post-treatment depression. *Biological Psychiatry*, 60 (9), 974-86.

Coan, J.A., **Schaefer, H.S.**, & Davidson, R. J. (2006). Lending a hand: Social regulation of the neural response to threat. *Psychological Science*, 17 (12), 1032-1039.

van Reekum C.M., Johnstone T., Urry H.L., Thurow M.E., **Schaefer H.S.**, Alexander A.L, and Davidson R.J. (2007) Gaze fixations predict brain activation during the voluntary regulation of picture-induced negative affect *Neuroimage*, 36(3), 1041-55

Larson C.L., **Schaefer H.S.**, Siegle G.J., Jackson C.A.B., Anderle M.J., and Davidson R.J. (2006) Fear is fast in phobic individuals: Amygdala activation in response to fear-relevant stimuli. *Biological Psychiatry*, 60, 410-417.

Dalton K.M., Nacewicz B.M., Johnstone T., **Schaefer H.S.**, Gernsbacher M.A., Goldsmith H.H., Alexander A.L., and Davidson R.J.. (2005) Gaze fixation and the neural circuitry of face processing in autism. *Nature Neuroscience*, 8, 519-26.